RISK BENEFIT ASSESSMENT- Climbing

**Low risk- Something resulting in a minor injury eg a scratch or a bruise**

**Medium risk- something resulting in significant loss/ damage or an injury such as a broken bone which requires hospital treatment**

**High risk- something that results in extensive loss/ damage, multiple injuries or death**

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| Location/ Activity: | Stoneydelph Forest School | Date: | December 2021 |
| FS Leader: |  Mrs J Parry | Review Date: | December 2022 |

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| Activity | How will young people BENEFIT from the activity? | Possible Hazards | Overall risk ratingsLow/ Med/ High | Who is at risk? | Precautions in place to reduce risk of injury | Risk rating following precautions |
| Tree climbing | Improvement in core strength and muscles- physical developmentSelf and safety awarenessEmpowers children and improves their self confidence | Scratches/ grazes/ cuts from twigs and branchesFalls resulting in bruises or broken bones | High | Children | Adult supervision/ children must ask before climbing a treeTrees must not be climbed if icyAppropriate clothing- no skirts/ loose shirts/scarves etcChildren taught to assess trees for safety- eg branch must be thicker than their thigh to be climbed on, and it must be a live branch- dead wood will snap easilyDead wood removed where possibleChildren must NEVER be put up into a tree- if they can’t climb up their independently then they don’t possess the control and coordination to stay safe in that particular treeIf they can climb up, Children should not climb above twice their own head heightChildren to have 3 points of contact with the tree at any timeIf the adult is unable to devote 100% attention to the children climbing the tree due to distractions, then climbing is off limits until full attention can be givenChildren to communicate as they are climbing- “I am going to put my foot on this branch, and move my hand to this branch” etc | Medium |

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