

# **Stoneydelph Primary School**



## **Sex and Relationships Policy March 2020**

## **1 Introduction**

The DfE refer to, sex and relationship education as defined as 'learning about physical, moral and emotional development'. Their guidance states, 'It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health'.

Sex and relationship education is part of the personal, social and health education (PSHE) and the science curriculum in our school. When we inform our pupils through sex and relationship education about sexual issues, we do this with regard to morality and individual responsibility, and in a manner, that allows children to ask and explore moral questions. We do not use sex education as a means of promoting any form of sexual orientation.

## **2 Aims and objectives**

We teach children about:

- the physical development of their bodies as they grow into adults;
- the way humans reproduce;
- respect for their own bodies and the importance of sexual activity as part of a committed, long-term, and loving relationship;
- the importance of family life;
- moral questions;
- relationship issues;
- respect for the views of other people;
- sexual abuse, and what they should do if they are worried about any sexual matters.

## **3 Context**

We teach about sex and relationship in the context of the school's aims and values. While sex and relationship education in our school means that we give children information about sexual and relationship behaviour, we do this with an awareness of the moral code, and of the values which underpin all our work. We teach sex and relationship education on the understanding that:

- it is taught in the context of marriage and family life;
- it is part of a wider process of social, personal, spiritual and moral education;
- children should be taught to have respect for their own bodies;
- children should learn about their responsibilities to others, and be aware of the consequences of sexual activity;
- it is important to build positive relationships with others, involving trust and respect;
- children need to learn the importance of self-control.

## **4 Promoting Health Education:**

We promote health education by:

- consult with parents and carers on all matters of health education policy;
- train our teachers
- listen to the views of the children in our school regarding sex education;
- look positively at any local initiatives that support us in providing the best sex education programme that we can devise.

## **5 Organisation**

We teach about sex and relationships through different aspects of the curriculum. While we carry out the main sex and relationships education in our personal, social and health education (PSHE) curriculum, we also do some sex and relationship education through other subject areas (e.g. science, PE) which we believe contributes significantly to children's knowledge and understanding of their own bodies, and how they are changing and developing.

In PSHE, we teach children about relationships, and we encourage children to discuss issues. We teach about the parts of the body, and how these work, and we explain to the children what will happen to their bodies and how they will change during puberty. For example, we teach that boys' voices will change during puberty, and we explain menstruation. Both boys and girls engage in all aspect of learning. We encourage the children to ask for help if they need it and to ask questions, including the use of an anonymised question box.

In science lessons, in both Key Stages, teachers inform children about puberty and how a baby is born. For this aspect of our teaching, we follow the guidance material in the national scheme of work for science. In Key Stage 1, we teach children about how animals, including humans, move, feed, grow and reproduce, and we also teach them about the main parts of the body. Children learn to appreciate the fact that people are not all the same, and that we need to respect each other. In Key Stage 2, we teach about life processes, and the main stages of the human life cycle, in greater depth.

In Year 6, we place a particular emphasis on health education, as many children experience puberty at this age. We liaise with the Local Health Authority about suitable teaching materials to use with our children in these lessons. Teachers do their best to answer all questions with sensitivity and care. By the end of Key Stage 2, we ensure that both boys and girls know how babies are born, how children's bodies change during puberty, what menstruation is, and how it affects women. We always teach this with due regard for the emotional development of the children.

Sex and relationships education builds throughout the school through the use of the Jigsaw PHSE learning materials.

## **6 The role of parents and carers**

The school is well aware that the primary role in children's sex education lies with parents and carers. We therefore wish to build a positive and supporting relationship with the parents and carers of children at our school, through mutual understanding, trust and cooperation. To promote this objective, we:

- inform parents and carers about the school's sex education policy and practice;
- answer any questions that parents or carers may have about the sex education of their child;
- take seriously any issue that parents or carers raise with teachers or governors about this policy, or about the arrangements for sex education in the school;
- encourage parents and carers to be involved in reviewing the school policy, and making modifications to it as necessary;
- invite Year 6 parents to a meeting to explain the Year 6 programme of learning.
- inform parents and carers about the best practice known with regard to sex education, so that the teaching in school supports the key messages that parents and carers give to children at home.

We believe that through this mutual exchange of knowledge and information, children will benefit from being given consistent messages about their changing bodies and their increasing responsibilities.

Parents and carers have the right to withdraw their child from all or part of the sex education programme that we teach in our school. If a parent wishes their child to be withdrawn from sex education lessons, they should discuss this with the Head Teacher and make it clear which aspects of the programme they do not wish their child to participate in. The school always complies with the wishes of parents/carers in this regard.

## **7 The role of other members of the community**

We encourage other valued members of the community to work with us to provide advice and support to the children with regard to health education. In particular, members of the Local Health Authority, such as the school nurse and other health professionals, give us valuable support with our sex education programme. Other people that we call on may include local clergy, social workers, youth workers and charity agencies such as NSPCC.

## **8 Confidentiality**

Teachers conduct sex education lessons in a sensitive manner, and in confidence. However, if a child makes a reference to being involved (or being likely to be involved) in sexual activity, then the teacher will take the reference seriously, and deal with it as a matter of child protection. Teachers will respond in a similar way if a child indicates that they may have been a victim of abuse. They will not try to investigate, but will immediately inform the designated named person for child protection issues about their concerns - the Head Teacher will then inform Social Services through First Response. (see also our policy on Child Protection).

## **9 The role of the Head Teacher**

It is the responsibility of the Head Teacher to ensure that both staff and parents/carers are informed about our sex education policy, and that the policy is implemented effectively. It is also the Head Teacher's responsibility to ensure that members of staff are given sufficient training, so that they can teach about sex effectively, and handle any difficult issues with sensitivity.

The Head Teacher liaises with external agencies regarding the school sex education programme, and ensures that all adults who work with our children on these issues are aware of the school policy, and work within its framework.

The Head Teacher monitors this policy on a regular basis, and reports to governors, when requested, on the effectiveness of the policy.

## **10 Monitoring and review**

This policy will be reviewed every two years, or earlier if necessary.

<b>Date adopted by Governors:</b>	<b>March 2020</b>
<b>Date for policy review:</b>	<b>March 2022</b>
<b>Person responsible for review:</b>	<b>Head Teacher</b>
<b>Signed by Chair of Governors</b>	