



The Learning Tree Nursery

Intimate Care Policy

The policy has been developed within the context of current legislation, policy and guidelines as well as with our values.

Rational

There are times when children need nappy changes, help with toileting and changing clothes at The learning Tree Nursery. This policy provides clear guidelines for providing the intimate care of children. These guidelines are designed to promote good practice and safeguard children and practitioners.

Aims

- To include all children in activities regardless of their ability to manage their own personal care
To safeguard the rights and promote the welfare of children
- To provide guidance for staff
- To reassure parents

Definition of intimate care

“Care tasks of an intimate nature, associated with bodily functions, bodily products and personal hygiene, which demands direct or indirect contact with or exposure of intimate personal areas”

These tasks include; dressing and undressing, helping to use the toilet, cleaning, wiping intimate parts of the body, applying medical cream or nappy cream.

Definition of personal care

“Although it may not involve touching another person, it is less intimate and usually has the function of helping with personal presentation”

Tasks include; Feeding, medication, hair, dressing, washing, first aid assistance, prompting and supervising going to the toilet.

We encourage children to participate in their own intimate and personal care as an approach towards facilitating participation in daily life and develop their personal and physical skills. All children have the right to be safe, feel comfortable and be treated with dignity and respect. Staff will be sensitive to individual needs and carry them out in a professional manner. No child should be attended to in a way that causes distress or pain.

Procedures

- Children will have their nappies changed in the privacy of the bathroom area with the door open, staff will wear gloves and an apron. Where possible staff will be supervised by each other by sight or sound. Staff will ask children if they can change their nappy first no matter how old they are and ask them to volunteer to lie on the changing mat, which will be placed on the ground to allow independence.
- If a child refuses lie down and allow nappy to be changed, no physical force will be used but staff will try to encourage using positive interaction. If a child persists in refusing and staff are concerned that their nappy is soiled, parents will be contacted.
- Each child will have their own-labelled bag on their peg with nappies, pull-ups, nappy sacks and their own wipes.



The Learning Tree Nursery

Intimate Care Policy

- Mats will be cleaned and rubbish disposed of in the correct bins.
- Hot water and liquid soap is available to wash hands as soon as the task is completed.
- Paper towels are available for drying hands.
- While changing underwear children will also need to be in the privacy of the bathroom area. For other clothing, children can be changed elsewhere in the setting as long as the child feels comfortable. Children will be asked to help change and if staff can help them too.
- The bathroom will be checked regularly for cleaning throughout the day, toilets, hand basins and potties.
- All staff working on site will hold a DBS and be up to date with Safeguarding Training. Should staff observe any unusual markings, discolouration's or swelling these will be reported on my concern and parents will be asked by a member of staff if they are aware of the marks.

Parental and staff involvement and communication

- Intimate care arrangements are within the registration forms, parents are asked to inform the setting of the child's current abilities with dressing themselves and how far they are with toilet training.
- Parents will provide the setting with nappies, sacks and wipes, however an emergency supply will be available at the setting.
- The setting will provide gloves, aprons, nappy bins, changing mat, potties, stools and training seats.
- Any feedback or queries will be through verbal communication (staff to parent or vice versa) or message on class dojo.

Useful Resources

Working together to safeguard children 2018
Keeping children safe in education
NSPCC

Responsibility for oversight and update of this policy	Hayley Sadler (Nursery Manager) Sara Fox (EYFS Leader)
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